Got style? Understanding your own way of learning

The Greek philosopher Socrates said

it best: "Know thyself."

Those are words worth remembering as you make the transition through middle school and on to high school.

Research shows that people learn in different ways. While each of us uses all of our senses to gather information, some people use one sense more than others while learning. Students can be better learners when they understand their preference for visual (seeing), auditory (hearing), or tactile (touching) learning. Often, students find that they have more than one preference when it comes to learning. For example, you could be almost equally strong in visual and auditory learning.

Once you understand how you learn best, you can adjust the way that you study for tests or complete classroom assignments. You also can learn to adjust when a teacher's instructional methods don't complement your style.

Understanding your learning style and playing to your strengths when it comes to studying and doing homework will help you be more successful in school.

You can use the learning styles inventory on the next page to investigate your learning style—or styles.

Learning styles inventory

To get a better understanding of how you learn, take this learning styles inventory. Answer each question as honestly as you can, then add up your points to find out whether you're an auditory, visual or tactile learner—and how you can make your personal style work in the classroom.

	ar style work in the classicom.	Often	Some- times	Seldom
1	l can remember more about a subject through the lecture method with information, explanation and discussion.			
2	I prefer information to be written on the chalkboard, with the use of visual aids and assigned readings.			
3	I like to write things down or take notes for visual review.			
4	I prefer to use posters and models or practice some activities in class.			
5	I require explanations of diagrams, graphs or visual directions.			
6	I enjoy working with my hands or making things.			
7	I am skillful with and enjoy developing and making graphs and charts.			
8	I can tell if sounds match when presented with pairs of sounds.			
9	I remember best by writing things down several times.			
10	l can understand and follow directions on maps.			
11	I do better at academic subjects by listening to lectures and tapes.			
12	I play with coins or keys in my pockets.			
13	I learn to spell by repeating the words aloud rather than by writing them on paper.			
14	I can better understand a news article by reading about it in the newspaper rather than by listening to the radio.			
15	I chew gum or eat a snack while studying.			
16	I feel the best way to remember is to picture it in my head.			
17	I learn spelling by "finger spelling" (drawing the letters with a finger).			
18	I would rather listen to a good lecture or speech than read about it.			
19	l am good at working and solving jigsaw puzzles and mazes.			
20	l grip objects in my hands during learning periods.			
21	I prefer listening to the news on the radio rather than reading about it in the newspaper.			
22	I obtain information on an interesting subject by reading relevant materials.			
23	I feel very comfortable touching others, hugging, shaking hands, etc.			
24	I follow spoken directions better than written ones.			

Check your results >>



Often = 5 Sometimes = 3 Seldom = 1

Seldom	=	1
Number	Po	int
2		
3		
7		
10		
14		
16		
19		
22		
Total Visual		
1		
5		
8		
n		
13		
18		
21		
24		
Total Auditory		
4		
6		
9		
12		
15		
17		
20		
23		
Total Tactile		

Scoring

Place the point value on the line next to the corresponding item, then add up your points. The highest number of points determines your learning style.

Visual learners

You're the most common type of learner, making up about 65 percent of the population. Visual learners relate most effectively to written information, notes, diagrams and pictures. You might not even absorb information if someone just tells you. It's almost as if it didn't exist unless you see it written down.

Study tips: Take notes even when you've been given handouts or printed course notes. Look at—don't just listen to—all study materials and directions. Use or make your own charts, maps, notes and flashcards and practice visualizing or picturing words and concepts in your head. Write everything down for frequent and quick visual reference.



Auditory learners

You are the second most common type of learner, accounting for an estimated 30 percent of the population. As an auditory learner, you relate most effectively to the spoken word. You tend to listen to a lecture, then take notes afterward or rely on printed notes. Written information will have little meaning until it has been heard. It may help auditory learners to read written information aloud.

Study tips: Read your assignments and study materials aloud—even if you feel a little silly at first—or use tapes. Taped lectures may help fill in the gaps in your own notes. Sit at the front of the classroom where you can hear well.



Tactile learners

You're a rare breed—one of only about 5 percent of the population. Tactile learners prefer a hands-on approach, learning through touch and movement. You learn skills by imitation and practice.

Study tips: You may take a little longer to learn some skills since most information isn't presented in a way that suits your learning style, but you can make schoolwork easier by typing your notes, using real objects or acting out reading assignments. Role-playing helps, too. When studying cell structure in biology, for example, you and maybe another tactile learner could pretend to be different parts of the cell. Sound crazy? It couldn't hurt to try.

ABE Student Passwords

1)	GED: ged.com	user name	
	_		
2)	Essential Education:		
			www.essentialed.com/start/suwannee
		user name	email
		•	
3)	Florida Shines (My C	areer Shine	25)
	·	user name	
		•	
4)	Employ Florida	user name	
	' '		
		•	
5)	Chrome Book:	user name	
- ,			
		-	
6)	Other:	user name	
		password _	
7)	Other:	user name	
		•	
8)	Other:	user name	

DATE	SUBTEST	SCORE	PASS

				Date Entered	
ACTICE REP	ORT:				
		PRE/POSTTESTS			
DATE	SUBJECT	LEVEL	PRETEST	POSTTEST	
DATE		SUBTEST Reading		SCORE	
DATE				SCORE	
DATE		Reading Language Writing Mathematics Science		SCORE	
DATE		Reading Language Writing Mathematics		SCORE	
DATE	5	Reading Language Writing Mathematics Science	Fests	SCORE	
DATE	5	Reading Language Writing Mathematics Science Social Studies	rests	SCORE	
	5	Reading Language Writing Mathematics Science Social Studies SED Ready™ Practice	rests		
	5	Reading Language Writing Mathematics Science Social Studies SED Ready™ Practice	rests		

COMPLETER:

WITHDRAWN: _____



RIVEROAK Technical College ABE/GED® PROGRAM Orientation Packet

Checklist

	Student Intake Form (on violet-colored paper)
	Syllabus
	Student Transition Questionnaire
	CTE Program Tour Request
	Learning Styles Inventory
	RTC Parking Permit Application (if needed)
	Authorization to Release Information
	Medical Emergency Information Form
	Student Network Usage Agreement Form
	Student Agreement
	Obtain an Identification Badge from Mr. Lee
Student Signat	ure
Teacher Signat	ure

Client's Interview Notes Form

	Intervie	w Details	
Company Name	e: RIVEROAK Technical College	Date:	_
Name:	Ms. Henderson/Ms. Hester		
Client's Name::			<u></u>
Program			
Nickname:		TABE Test:	
	Questions to A	sk Interviewer	
Question #1:	What do you want me to know abo	out you?	
Notes:			
Question #2:	What are you good at that I would	not know?	
Notes:			
Question #3:	What are you most proud of?		
Notes:			
Question #4:	What is your best quality?		
Notes:			

2 Page	
Question #5:	When are you at your best?
Notes:	
Question #6:	What roadblocks do or might you experience?
Notes:	
notes.	
Question #7:	What do you need from me to be successful?
Notes:	
Question #8:	What do you need from me once you earn your diploma?
Notes:	

Additional Notes



Adult Basic Education

Conference Form

Name	 _	
Date	 -	
Those present:		
Comments:	 	
Recommendations:		
Signatures:		



PENELOPE LANE

STUDENT

OBJECTIVE

To complete my culinary arts training program to enhance my opportunities to acquire gainful employment.

FDUCATION

RIVEROAK TECHNICAL COLLEGE Florida High School Diploma

AWARDS

VITALS

21345 140th Terrace

Live Oak, FL 32064

T 386.249.7766

E penelope.lane@gmail.com

Sept. 1, 2019

21345 140th Terrace Live Oak, FL 32064

Dear Scholarship Committee Members:

Please allow me the chance to introduce myself. I am an 18 year old Florida High School graduate. I earned my diploma while attending Adult Education classes at RIVEROAK Technical College. I was afforded the opportunity to simultaneously begin work in the RTC Culinary Arts Program as a GEDi student. All this was while I was employed full-time on my family's dairy as an expert Cheese Maker in the creamery.

During the summer of 2019, I travelled to Athens, Texas to attend a living youth camp, working in the kitchen with professional chefs and a trained baker. There I was trained in elaborate baking methods, which I am applying at RTC.

My short term goal is to complete the certification process in Culinary Arts. I will have to attend for another full year, finishing bookwork and demonstrating what I have learned to the instructors of the program.

In five years, I would like to own and establish my own bakery in Suwannee County. My business plan includes featuring cakes and specialty bread products. I am able to practice a variety of baking in the Culinary kitchen at RTC under supervision of trained instructors.

This scholarship would help ease my costs of daily living, such as transportation costs and other incidentals while attending school full-time. I have had to drastically cut back my hours at the creamery, which has caused a financial hardship on me.

PENELOPE LANE

STUDENT

RIVEROAK Technical College has played an important part of my academic life since 2018. Not only does the campus offer the Culinary Arts Program, it has the instructors on campus who encourage and motivate me. Now, I have the opportunity to apply for this scholarship. Thank you for considering me for this award.

Sincerely,

Penelope Lane

Adult Basic Education Program Student Intake Form	Date:
Name:	Date of Birth:
Address:	
City, Zip code	
Telephone:	Cell phone:
Email Address:	
Do you have a diploma? Yes: No:	Age Waiver? Yes: No:
When do you anticipate earning your diploma? (mor	nth)
What is your 3 year goal?	
EMERGENCY INFORMATION:	
Health Issue/Allergies:	
Primary doctor:	
Emergency contact – Name:	
Relationship:	
Phone number:	
Are you a CareerSource client? Yes N	lo
******Class Schedule TO BE COMPLETED BY INSTRU	ICTOR: Ms. Henderson/Ms. Hester*****

PERIOD	COURSE TITLE	SCHEDULED DAYS OF THE WEEK
1		
2		
3		
4	Activity Period/Lunch	
5		
6		
7		

Goal Chart

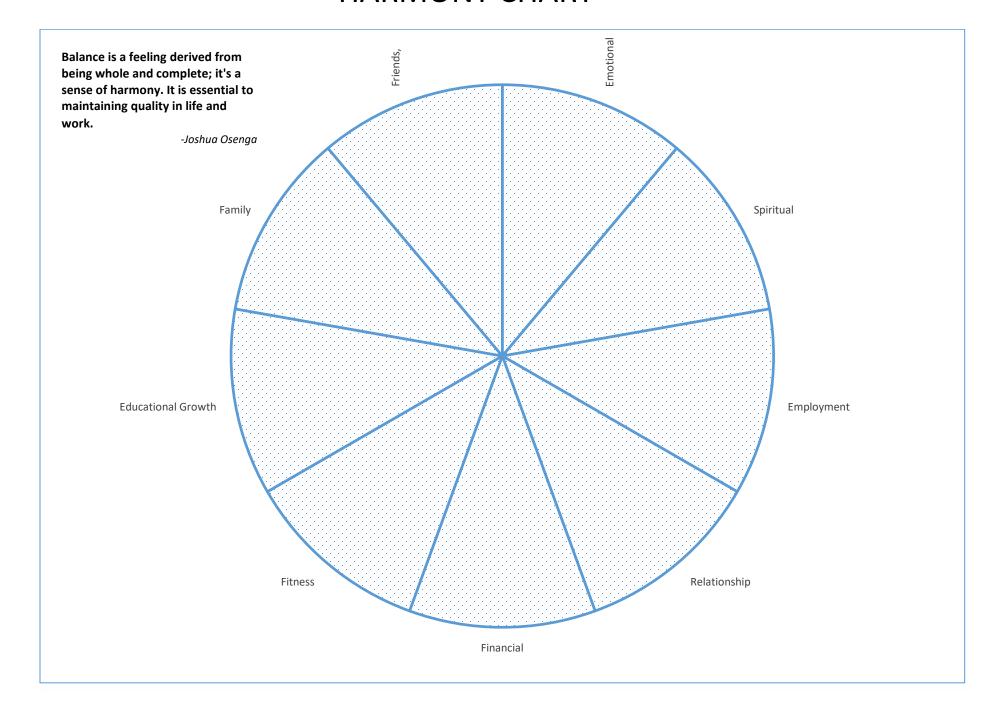
CATEGORY	THIS YEAR	5 YEARS	STEPS TO TAKE	PEOPLE IN YOUR CORNER
Educational Growth				
Emotional				
Employment				
Family				
Financial				

NAME			

Goal Chart

CATEGORY	THIS YEAR	5 YEARS	STEPS TO TAKE	PEOPLE IN YOUR CORNER
Fitness				
Friends				
Relationship				
Spiritual				

HARMONY CHART





KAYLY HUDSON STUDENT

OBJECTIVE

To complete my diploma requirements to enhance my opportunities to acquire gainful employment.

EDUCATION

RIVEROAK TECHNICAL COLLEGE

Florida High School Diploma (presently)

VITALS

44197 1433rd Terrace

Live Oak, FL 32060

T 386.245.5555

E kaylyhudson32060@icloud.com

Sept. 18, 2019

Winn-Dixie Southeastern Grocers 911 Pinewood Dr. SW Live Oak, FL 32064

Dear Sir or Madam:

Please allow me the chance to introduce myself. I am a 16 year old student currently attending Adult Education classes at RIVEROAK Technical College. I enrolled in August of this year, and attend school full-time every day from 8:00am to 3:00pm.

My short term goal is to complete the adult education process at RIVEROAK, which will result in earning my Florida High School Diploma. My plan is to be finished by January 1st. I am more than halfway finished with the age waiver requirements.

In five years, I would like be in a medical program focused on either animals or people. I would like to work with both, so I have not made up my mind. There are so many options available.

A position at your business would help ease my costs of daily living, such as transportation costs and other incidentals while attending school or training. It also would give me practice dealing with people, as well as problem-solving. I also look forward to adding Southeastern Grocers to my resume.

Thank you for your prompt consideration.

Sincerely,

Kayly Hudson

Kayly G. Hudson

44197 1433rd Terrace Live Oak, FL 32060 kaylyhudson32060@icloud.com 386-245-5555

Professional Summary

I am a young lady who is looking for employment that could lead to a career. I am a diligent worker who is capable of doing a variety of things. People who know me, know that I focus until I finish the task at hand.

Skills

Academic Skills

Within one month in my adult education class, I had earned the required scores in over half of the Florida mandated subjects. I believe I will be ahead of my self-imposed timeline of finishing before December.

People Skills

I have a very pleasant and sparkling personality. One of my strengths is working with others, and I can see this carry over into working with customers as well as co-workers.

Character Traits

Reliable- I have only missed two days of school since we began in August, due to an injury to my brother. Caring- I care for our horse on my family's property. This is an extensive daily responsibility.

Employment Skills

Although I have no prior work experience in retail sales, I believe the accomplishments detailed above show that I could learn the job quickly.

Education

RIVEROAK Technical College

High School Equivalency (GED) - Adult and Career Education

Student Transition Questionnaire

Student's Name:	DOE	B Date:
What would you prefer to be called? Do you have children? Yes or No How man Please check the boxes or fill in the blanks for you are interested in doing after you graduate. meet your goals. Are you currently employed? Yes or No W	the following qualit will also help	o your teachers work with you to help you
Do you want to work full time or part time?	Full time _	Part time
What type of job or career are you interested in	n doing after yo	u graduate?
First choice Second	Choice	Third Choice
Are you a client of CareerSource of North Flori	ida? Yes or No	
Do you have the following at home: (Circle all t Internet Access Laptop/PC Cell phone	hose that apply	·.)
How will you get to RIVEROAK?		
My own car	Car no	ool (friend)
Family car		transportation
Parent/guardian will drive me		thers for transportation
Check what you would like to do after earning		
College, 4 year	Suppo	orted Employment (Job Coach)
College, 2 year		rogram/Day Habilitation
Career/Technical Program		eer Work
Competitive Employment Full time Part time	Other	
Military Service		
Check the items that you have.		
Social security card	Selective	service registration (male, age 18)
Birth certificate		
State of Florida ID	Health ins	
Driver's License	Auto insur	ance
Where do you want to live after graduation? My own apartment or house Dormitory	Assist	ed living (group home) arrangements are not a concern at
Bonnitory	this tir	
Continue to live with my family	Other:	
Supported living (own place with	Otilei.	
supports for areas of need)		
aupports for areas of field (

Please check any services that you feel you need more information about.

Interest Inventories	Career/ Tech Education
In-School Job Placement	Vocational Rehabilitation
Community Work Experience	College Entrance Exams (SAT, ACT)
Summer Jobs	(6,11,7101)
Job Shadowing	Guidance Counseling
Transportation and Drivers Education	Assistance completing applications
Consumer Sciences/ Home Economics	Training in handling emergencies
Money Management Training	First Aid training
Time Management	Self –Advocacy training
Interviewing/Job Skills	Community Awareness Activities
Speech Services	Managing my health care
Audiologist Services	Insurance and benefits
Accommodations and Technology	Recreational Activities
Study Skills Courses	
Anger Management	
Goal Setting	

What would you like us to know about you and your future plans?						
How can we help you be suc	ccessful after graduation?					
,	nat type of hobbies do you hav					
Arts and crafts	Sports	Going out with friends				
Collections	Watching TV	Bowling				
Music	Shopping	Swimming				
Video games	Skating	Other:				
Computer	Cooking					

What does your past educational history look like? (Circle all that apply.)

Reading

Restaurants

Bicycling

Fishing/hunting

Р	Public high school	Charter/magnet school	Christian school
V	/irtual school	Home school	Military school
0	Other:		

Adult Basic Education (ABE)/General Equivalency Diploma (GED®) 2019-2020 Program Syllabus



INSTRUCTORS	CLASS MEETING TIMES	
Ms. Tracy Henderson - Daytime & Evening	Daytime Hours: Monday through Friday	
tracy.henderson@suwannee.k12.fl.us	Morning Classes:	
	1 st - 3 rd periods - 8:07 - 10:49	
	Afternoon Classes:	
	5 th - 7 th periods - 12:21 - 3:00	
Ms. Angie Hester - Evening	Evening Classes:	
angela.hester@suwannee.k12.fl.us	Monday & Tuesday - 5:30 - 8:30 pm	
Mr. Eden Camejo- Daytime & Evening	ELL Evening Classes:	
eden.camejo@suwannee.k12.f.us	Monday & Tuesday - 5:30 - 8:30 pm	

The <u>mission</u> of the RIVEROAK Adult Basic Education Program is to provide adult learners the opportunity to acquire and improve the literacy skills necessary to enhance the quality of life as productive workers, family members and citizens.

The <u>vision</u> of the RTC Adult Basic Education Program is to be a highly valued provider of quality, responsive education that offers every adult the opportunity to build skills for success.

Our **goal** is to support your goal of acquiring

family-sustainable employment.

ABE Program Description

The Adult Basic Education Program (ABE) is designed to provide adults with sufficient basic education to enable them to benefit from job training or retraining programs, and to obtain and retain productive employment. Multiple levels of instruction are provided in mathematics, reading, and language. It is understood that each student learns at his/her individual pace and there will be students who successfully complete the program or attain their educational goals in fewer or more hours than others. ABE levels are assigned to students using TABE scores below 9.0 (Scale scores: Reading <576; Language <584; Mathematics <596).

Adult Basic Education (ABE)/General Equivalency Diploma (GED®) 2019-2020 Program Syllabus

GED® Program Description_

The GED® Preparation Program consists of instruction in the fou content-areas assessed on the GED® Test: Reasoning through Language Arts, Mathematics Reasoning, Science, and Social Studies. The purpose of the program is to prepare students to obtain the knowledge and skills necessary to pass the official GED® Tests; thereby, earning a State of Florida High School Diploma. This program strives to motivate students not only to earn a FHS diploma, but to continue their education to earn a postsecondary degree or industry certification. GED levels are assigned to students using TABE scores at or above 9.0 (Scale scores: Reading ≥ 576 ; Language ≥ 584 ; Mathematics ≥ 596).

RIVEROAK Policies & Procedures_

RTC adheres to the SCSB Student Code of Conduct, including the district's dress code. You may find an electronic copy of this document on the SCSB district website.

- For security purposes, you must <u>display</u> your RTC-issued campus identification badge on your person at all times. You are required to present your ID upon request by any administrator, instructor, or staff member.
- You must <u>display</u> an up-to-date parking permit for your vehicle parked on school property. This permit is free with your paid registration. You must have a separate permit for each vehicle you may be driving. Vehicles parked on RTC property are subject to search without cause by school and/or law-enforcement officials.
- You are allowed <u>one</u> schedule change per 9 week quarter period. Additional changes in schedule must be accompanied by a letter from your employer on company letterhead, along with a current work schedule.
- > There is no smoking, vaping, or tobacco use or possession on campus. This includes the parking lots.
- ➤ Hats are **not** to be worn inside the main buildings at RTC. (exception: shop areas)

CLASSROOM Policies & Procedures_

In order to maintain a respectful learning environment, follow the following guidelines.

- 1. No food or drinks are allowed at the work tables.
- 2. For security purposes, phones must be stored out of sight and set on silent/vibrate. If an emergency call must be answered (or made), step out in the hall to keep from disrupting others. RTC is NOT liable for any loss or theft of student property.
- 3. Headphones, earbuds, and other listening devices are to be used for assigned academic purposes only.
- 4. When leaving during class time, even for an emergency restroom break, you must use the "Sign Out/Sign In Sheet" to document your destination.

Adult Basic Education (ABE)/General Equivalency Diploma (GED®) 2019-2020 Program Syllabus

COMPUTER USE Policies_

In this intake packet you will find the SCSB internet agreement form. You may sign this if you are 18 years of age or older; students younger than 18 must have a parent or guardian sign this form. Below are some additional guidelines.

- 1. Students may not use the internet without permission. You may access teacher/RTC approved sites only. You may not enter unauthorized websites (i.e. online games, social media, You Tube, etc.).
- 2. Do not download programs, music, or plug-ins for the computer.
- 3. Return the Chrome Book to the cart. Please plug it in to charge for the next user.

STUDENT Expectations

- 1. **Be an active participant during class**. You are expected to actively participate by asking and answering questions, completing independent practice, working cooperatively within groups, and engaging in academic classroom discussions.
- 2. **Be your own advocate**. You are expected to communicate your goals and academic needs with your teacher on a regular basis.
- 3. **Be aware of your attendance**. You are responsible for knowing the attendance policy, and for keeping track of your absences and tardies.

PROGRESSION Testing

After TABE testing prior to entering the program, students will work on targeted skills to improve in these areas. All students will retake the TABE test to document academic progress and readiness for GED® testing. These scores may also be used as exit indicators for CTE programs. You are allowed to take the TABE test again after 50 course hours per subject are completed, or based on your instructor's recommendation.

ACCOMMODATIONS

Students must self-report to use these services. There is an LDA form included in this packet.

CAREER SERVICES_

RTC has a Career Service Specialist available for students seeking assistance with career guidance and CTE program information. This office is located in Student Services.

Ms. Julie Ulmer, Coordinator of Career & Technical Education

<u>ACKNOWLEDGEMENT</u>	
You are expected to adhere to all subject m signed acknowledgement will be kept on file	•
Name	Date

RIVEROAK Technical College CTE Program Tour Request

PROGRAM	DEFINITELY	MAYBE	
Automotive Service			
Technology			
Auto Body Repair &			
Refining			
Brick & Block Masonry			
Building Construction			
Technology			
Culinary Arts			
Cosmetology			
Digital Design			
Early Childhood Education			
(Child Care)			
Electrical Helper			
Medical Administrative			
Specialist			
Patient Care Technician			
(PCT)			
Welding			
MEDICAL PROGRAMS			
Pharmacy Technician			
Phlebotomy			
Practical Nursing (LPN)			
Surgical Technology			